

Hello Every Beautiful One,

How can we be the healers we know we can be? Somewhere inside us it exists. We want to offer our gifts to the world. We want to bring forward healing options that will serve the heart of our community; while our lives enrich others and we ourselves are able to expand and deepen our own growth, learning, and well-being.

We can explore. We can experiment, and we can (horror of horrors) learn. I love what Patrick O'Neil says, "you can't do it right." I love this phrase because it is a reminder that we are all discovering how each moment renews us with a gift, a new learning, or an opportunity to open our hearts in concern for another's welfare; to open with honor and respect to receive another moment, another surprise. Learning more every moment is the secret to aliveness. Bring compassionate sharing and a wonder for life through your heart. The heart knows. Follow your heart. Trust your gut, trust what you are feeling. Always trust your contact with Spirit, with the Mystery, that brings unsought answers to your door; visions of your future self, of your becoming. We become one step at a time and we continue to become all of our lives towards our deeper, truer, greater selves. This is your life, today, right now, the way it is. If this is not the way you want it then do the work to create a tomorrow that is the way you want it.

Healing is a manifestation of our own goodness towards ourselves, and our own willingness to make medicine of our gifts; and to not allow anything or anyone in our lives that would diminish, or dismiss, or minimize our gifts. Allow only people, places, and things that uplift your talents and refine your soul with truth. Allow only that which can open your heart and your ears and lead to revitalizing your happiness.

"I don't know what your destiny will be, but one thing I do know: the only ones among you who will be really happy are those who have sought and found a way to serve." ~ Albert Schweitzer

How do we serve the truth in others about how they want to feel every day for the rest of their lives, and assist them in finding what gives them that feeling? Is it sustainable? Does it bring a blessing to their family, friends, and love ones? If it does then they can do it. And nothing, I promise you, nothing sustains like joy. No person, place, or thing, no external can give you what you are looking for. It is what flows through us that brings us joy. It is our emptiness and our fullness. Our empty hands that have so much to offer bring us the greatest gift. Our greatest offering is in trusting the Mystery and trusting the healing power of love.

Don't check out, check in. Ask yourself a question and then listen for the answer from the regions of your heart. This is 99.9% accurate for impeccable long term positive direction choice-making.

Listening is the 1st law of love. Not just hearing, not doing something else, but fully tending to the voice of another person. We all know what great courage it takes to use our voice to express ourselves authentically. Listen with your heart. What if you were really listening? Then perhaps the next time you spoke you would also be heard.

Don't be distracted by things you could care less about. Put your focus on what you care more about.

Make space for simple pleasures, for fertility, for the soul. Sharon Reed says, "sit still and notice what is moving outside." I have discovered the pleasure of two Bohemian Waxwings most recently from this exercise. Be there for yourself and you will have a supply, a well, of pleasures to delight. You will fill your own place – the place you give from. From this place you can motivate others toward their own healing.

Discovering what is healing for you, what inspires you, this is life. Simple, sweet, one step at a time, this is your heart. Be the source of its supply and the source of its wondering. You can choose to be a mere puppet of other people's wants and needs. Or, you can show up, owning yourself, owning your heart with a courageous destiny before you. But choose you must. A vital inspired path is the choice that takes the most consciousness and offers the greatest rewards.

*Blessings of the Summer ~
In Beauty and with Great Love, Char Sundust*

Deepening Through the Mysteries of Writing — A Weekend of FLOW

This is a 3 day work shop for anyone who wants to deepen their writing practice. We will be entering many different realities to gain access and enrich our stories, poems, screenwriting, and songs. Anyone who writes or feels called to write is welcome. This is a weekend workshop. Lodging included. Bring three potluck dishes.

Begins Aug 7th, 7pm; Ends Aug 9th, 5pm. Location: Nine Muses Retreat Center, **Cost:** \$220 (non-refundable deposit of \$85 is due July 23)

Business of Spirituality

When your calling is to heal and help others, your gifts require you to trust deeply and to gift your clients with the best you have. Who takes care of you? Where does your money come from? How can you have a business that is a source of spirit and consciousness? What is involved in having an incredibly successful spiritual practice? Where Spirit lives, good lives, love lives and financial and emotional prosperity are received and sustained through time. How to maintain authenticity and prosperity at the same time. Space is limited. Pre-registration is required.

Saturday August 29th, 10am to 5:30pm
Location: 544 NE 104th Street, Seattle 98125, **Cost:** \$145

FLOW — Bringing Spirit into Form: An 8 Week Program for Writers and those called to Write.

Where do we put our energy, all the practices we have learned, all the gratitude we hold, all the medicines we have shared? We are all born artists, creatives, all born with symbols to follow and stories to share. This eight week class meets once a week. We will explore the soul, its many facets, and how to bring forward a soulful writing practice. We will explore the mystical path with practical feet through shamanic journey and meeting our Ancestors and Totems. We will access myths, stories, and symbols in order to bring forward what is good, true, and beautiful; and as one of my teachers says, lasting.

Wednesday evenings beginning September 16th through Nov 4th, 7pm to 9:30pm, **Location:** Bastyr, Room 186. **Cost:** \$360 or \$200 for Bastyr Students. Non-refundable deposit of \$25 required to register. Payment arrangements available.

The Initiation of the Four Winds; The Yucatan Peninsula in Mexico

Must be a current 3rd Year student or graduate from 3rd year in order to participate in this program. Limited spaces. Deposit of \$100 required to hold your space. Application process required. Please contact Jeremy at SOI for further details.

December 27th – January 5th.

Soul Purpose Workshop

What were you born for? What do you want for your life? What do you want from your life? What is your dream? What is your life purpose? A journey through the medicine wheel introducing the spiritual to the physical. Exploring personal direction and fulfillment of life meaning through shamanic journey and integration of our calling with physical reality. Living the soul of our work is the blessing of our life.

Sweat Lodge on Friday eve October 9th (6pm). **Wkshp October 10th and 11th** 9:30am to 5:30pm. **Location:** Bastyr, Room 186, **Cost:** \$325

Dreaming Retreat

We must pay attention to our Dreams, not only our dreams of waking – our life dreams – but also the Dreamtime. We have a community to dream with, a past, present and future to dream through. This retreat is focused on the gift of our Dreamtime, the time when we are connected deeply to the spirit and the unconscious. This puts us in contact with the conscious wishes of the earth and if we know how to explore the symbolic structure, it can unite our lives and our soul-purpose. This retreat allows us to hear clearly the messages being brought forward in symbology so the waking dream can beautifully fulfill its purpose.

NOV 20th, 21st, 22nd, Location: Nine Muses Retreat Center **Cost:** \$425
Deposit of \$175 due by Oct 31st. Food, travel, and lodging included.

Money and Soul

Many changes are taking place at this time. We are being called to be good stewards to our outgoing and incoming energy. When we put out energy we receive energy. Money is transitioning and we are being called to come in to honor and respect clarity of consciousness around our financials. A friend of mine, Diana, once said “what we do in love we do with money.” This workshop addresses how we can tend to our dreams and commitments sustainably. What it means to our lives to give and receive and what is required to experience financial wellbeing while also having soul. How the unseen assists us in what we want. As my teacher says, how to walk the mystical path with practical feet. We will also be talking about what is happening now and why. And how to bring grace and financial wellbeing at all times.

Saturday December 5th, Half day workshop 10am to 1:30pm
Location: Bastyr, room 186, **Cost:** \$45

REGISTRATION FORM Please mail this and your check made out to Char Sundust to: Sundust Oracle Institute, PO Box 75354, Seattle, WA 98175

Name _____

Address _____

Phone _____ Email address _____

Workshops/retreats you're registering for: _____

_____ Amount enclosed \$ _____

FLOW class
 Location: Bastyr, Room 186. Cost: \$360 or \$200 for Bastyr Students

Spiritual I.D.- Intuitive Development through Shamanism
 The First Year Class / Circle Class begins Thursday September 24th. Every Thursday from 7-9pm. Open enrollment first three weeks; Bastyr room 186. \$45 per class, sliding scale for Bastyr students and alumni \$25-35 per class

The Second Yr Circle:
 Hawk Circle - Making the Truth Visible.
 Location: Bastyr University, room 186

The Third Yr Clinic:
 White Tail Hawk Circle
 Integration of Shamanic Visionary and Healing Skills Through a Clinic Teaching Environment - Location: TBD

WORKSHOPS

~ AUG ~

DEEPENING THROUGH THE MYSTERIES OF WRITING:
 A WEEKEND OF FLOW – FRI 7TH 7PM – SUN 9TH 5PM

BUSINESS OF SPIRITUALITY
 SAT 29TH 10AM-5:30PM

SEPT

FLOW WED 16TH 7-9:30PM

2ND YR CIRCLE SAT 19TH 10AM-5PM

FLOW WED 23RD 7-9:30PM 1ST YR CLASS THURS 24TH 7-9PM

FLOW WED 30TH 7-9:30PM

~ OCT ~

FLOW WED 7TH 7-9:30PM 1ST YR CLASS THURS 1ST 7-9PM

1ST YR CLASS THURS 8TH 7-9PM

SOUL PURPOSE WORKSHOP
 SWEAT LODGE FRI 9TH, 6PM
 WORKSHOP SAT 10TH - SUN 11TH, 9:30AM-5:30PM

FLOW WED 14TH 7-9:30PM 1ST YR CLASS THURS 15TH 7-9PM

2ND YR CIRCLE SAT 17TH 10AM-5PM

FLOW WED 21ST 7-9:30PM 1ST YR CLASS THURS 22RD 7-9PM

3RD YR CLINIC
 FRI 23RD, SAT 24TH, SUN 25TH 10AM-5PM

FLOW WED 28TH 7-9:30PM 1ST YR CLASS THURS 29TH 7-9PM

~ NOV ~

FLOW WED 4TH 7-9:30PM 1ST YR CLASS THURS 5TH 7-9PM

2ND YR CIRCLE SAT 7TH 10AM-5PM

1ST YR CLASS THURS 12TH 7-9PM

1ST YR CLASS THURS 19TH 7-9PM

1ST YR DREAMING RETREAT
 FRI 20TH – SUN 22ND

~ DEC ~

1ST YR CLASS THURS 3RD 7-9PM

MONEY AND SPIRIT
 SAT 5TH, 10AM-1:30PM

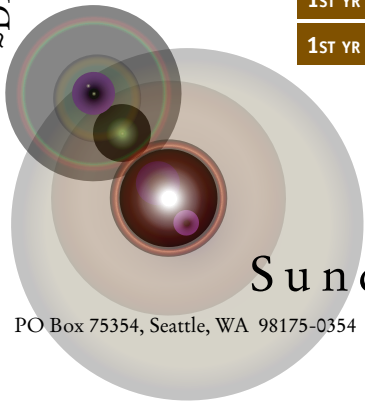
1ST YR CLASS THURS 10TH 7-9PM

2ND YR CIRCLE SAT 12TH 10AM-5PM

1ST YR CLASS THURS 17TH 7-9PM

THE INITIATION OF THE FOUR WINDS; THE YUCATAN PENINSULA IN MEXICO. SUN DEC 27TH-TUES JAN 5TH

QUESTIONS ABOUT WORKSHOPS OR CLASSES?
 CALL JEREMY AT (206) 440-8886
 SEND CLASS PAYMENT AND REGISTRATION FORM TO SUNDUST ORACLE INSTITUTE, PO BOX 75354, SEATTLE, WA 98175



Sundust ORACLE INSTITUTE

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